

Tom J. Pousti, M.D., F.A.C.S.
8851 Center Drive #300
La Mesa CA 91942
619-466-8851

PERSONAL:

Date of Birth: December 25, 1963
Place of Birth: Detroit, Michigan
Marital Status: Married
Languages: English, Spanish

EDUCATION:

-1986 University of California, San Diego; BA Biology (Magna Cum Laude)
-1990 University of California, Irvine College of Medicine; MD (Alpha Omega Alpha)

POST GRADUATE TRAINING:

-1994 Resident in General Surgery, Department of Surgery
U.C. Irvine Medical Center, Orange CA
-1995 Chief Resident in General Surgery, Department of Surgery
U.C. Irvine Medical Center, Orange CA
-1997 Plastic Surgery Fellow
Brigham/Children's/Harvard, Boston MA

APPOINTMENTS:

-1995 Administrative Chief Resident, Department of Surgery
U.C. Irvine Medical Center, Orange CA
-1997 Clinical Fellow in Surgery
Harvard Medical School, Boston MA
-1997 Chief Resident in Plastic Surgery
Brigham/Children's/Harvard, Boston MA
1998-present Clinical Instructor, Voluntary, Department of Surgery
University of California, San Diego
-2002 Staff Physician, Department of Surgery
Veterans Administration Medical Center, San Diego, CA

CERTIFICATION:

2009-present Expert Reviewer, Medical Board of California
2009 Re-certification, American Board of Surgery
2007 Re-certification, American Board of Plastic Surgery
2000 Fellow American College of Surgeons
1999 The American Board of Plastic Surgery (3/99)
1995 The American Board of Surgery (9/96)
1993 Advanced Trauma Life Support
1991 National Board of Medical Examiners
1991 Basic and Advanced Cardiac Life Support

LICENSURE:

1991-present California
1995-1997 Massachusetts

Tom J. Pousti, M.D., F.A.C.S.
8851 Center Drive #300
La Mesa CA 91942

HONORS AND AWARDS:

- 1995 "Resident of the Year" Teaching Award
U.C. Irvine College of Medicine
1990 Excellence in Surgery Award
U.C. Irvine College of Medicine
1989 Alpha Omega Alpha Society Scholarship Award

PROFESSIONAL SOCIETIES:

San Diego County Medical Society
San Diego County Surgical Society
San Diego Plastic Surgery Society
Fellow, American College of Surgeons
Member, American Society of Plastic and Reconstructive Surgeons

PUBLICATIONS:

- Pousti T., Pribaz J. Correction of the Recurrent Inverted Nipple. *Annals Plast.Surg.* 40(1): 14-17 (1998).
- Pousti T., Upton J. Congenital Fibrosarcoma of the upper extremity. *Plast.Reconstr.Surg.* 87:102(4); 1158-62 (1998).
- Pousti T., Barlett R. Adams-Oliver Syndrome. Genetics and Associated Anomalies of Cutis Aplasia. *Plast.Reconstr.Surg.* 100(6): 1491-6 (1997).
- Pribaz J., Crespo L., Orgill D., Pousti T., Barlett R. Ear Replantation without Microsurgery. *Plast.Reconstr.Surg.* 99 (7): 1868 (1997).
- Achauer B.M., Pousti T.J. Burned Foot Reconstruction. *Eur.J.Plast.Surg.* 18:91 (1995).
- Gordon I., Pousti T., Wilson S. Inguinal Wound Fluid Collections After Vascular Surgery: Management by Early Re-operation. *Southern Medical Journal* 88 (4): 433 (1995).
- Pousti T., Waxman K. Implantable Insulin Pumps. *Contemporary Surgery* 45(4):216 (1994).
- Pousti T., Novack C., Warden M. Intestinal Perforation in Low Weight Neonates Treated with Indomethacin. *J.Perinatology* 14(6): 450 (1994).
- Pousti T., Tominaga G., Waxman K. Help for the HELLP Syndrome. *World Journal of Critical Care* 11 (2): 62 (1994).

Tom J. Pousti, M.D., F.A.C.S.
8851 Center Drive #300
La Mesa CA 91942

BOOK CHAPTERS:

“Implantable Insulin Pumps” in Vascular Access Surgery. Wilson S.E. Mosby, NY 1996.

“Physical Examination of the Vascular System: in Vascular Surgery, Principles and Practice. Wilson, Veith, Williams (Second Edition). McGraw-Hill, NY 1993.

“Venoreconstructive Surgery” in Vascular Surgery, Principles and Practice. Wilson, Veith, Williams (Second Edition). McGraw-Hill, NY 1993.

ARTICLES:

What to do about Gynecomastia?

www.ArticlesBase.com / www.ArticleAlley.com

Symmastia Correction.

www.ArticlesBase.com/ www.ArticleAlley.com

Revisionary Breast Surgery- where to begin?

www.ArticlesBase.com/ www.ArticleAlley.com

Pocket Perfection in Revisionary Breast Surgery.

www.ArticlesBase.com/ www.ArticleAlley.com

Male Chest Reconstruction. www.ArticlesBase.com

Breast Reduction Surgery. www.ArticlesBase.com

Making the Choice- Silicone Gel vs. Saline Breast Implants.

www.ArticlesBase.com/ www.ArticleAlley.com

Tummy Tuck Surgery.

www.ArticlesBase.com/ www.ArticleAlley.com

Plastic Surgery After Weight Loss. www.ArticleAlley.com